



SPRAY TAN RULES

Day Before Your Appointment

- Shave and exfoliate 24 hours prior - rinse with cold water to close pores
- Avoid Dove Soap and oil-based products

Day of Appointment

- Shower, but do not use any oil-based products or lotions
- Remove all makeup, perfumes and deodorant
- Wear loose, dark clothing and slide-on shoes - remove all jewelry
- You may tan in whatever you are most comfortable in (bathing suit, undergarments, or in the nude)
- Take care to avoid sweating or getting wet after appointment
- For best results, do not shower 8-12 hours post-appointment

Extending Your Tan

- Keep your skin moisturized and hydrated
- Sleep in loose-fitting dark clothes, avoiding tight undergarments
- Avoid Dove Soap and moisturizers that contain harsh pore-stripping oils
- Chlorine and sunscreen will strip your spray tan more rapidly

Thank you for choosing and trusting me with your tanning services

9509 Montgomery Road #2, Cincinnati, OH 45242